

Pre-Season Survey for Athletes



We would like to ask you a few questions about behaviors you see among your peers, about healthy and unhealthy relationships, and about your experiences with your coach.

This survey is completely confidential, meaning no names are attached. No one will know your answers, so please answer as honestly as you can.

Instructions: In the past 3 months did any of your athletic coaches talk to your team about the following?

Please MARK ONE answer for each question and read instructions below.

1.1) Being respectful towards women and girls.

- (1) I wasn't on a sport team in the past 3 months.
- (2) Yes, my coach talked to us about this.
- (3) No, my coach didn't talk to us about this.

1.2) Stopping kids from doing harmful or violent things towards a girl or girls.

- (1) I wasn't on a sport team in the past 3 months.
- (2) Yes, my coach talked to us about this.
- (3) No, my coach didn't talk to us about this.

Instructions: This is a list of things some people say or do to people they date. Please rate each of the following actions towards a girlfriend or boyfriend as not abusive, a little abusive, somewhat abusive, very abusive or extremely abusive.

Please MARK ONE answer for each question.

2.1) Name calling or insulting them.

- (1) Not abusive
- (2) A little abusive
- (3) Somewhat abusive
- (4) Very abusive
- (5) Extremely abusive

2.2) Telling them they're ugly or stupid.

- (1) Not abusive
- (2) A little abusive
- (3) Somewhat abusive
- (4) Very abusive
- (5) Extremely abusive

2.3) Making fun of them in front of other people.

- (1) Not abusive
- (2) A little abusive
- (3) Somewhat abusive
- (4) Very abusive
- (5) Extremely abusive

2.4) Telling them what to do all the time.

- (1) Not abusive
- (2) A little abusive
- (3) Somewhat abusive
- (4) Very abusive
- (5) Extremely abusive

2.5) Telling them which friends they can and can't see or talk to.

- (1) Not abusive
- (2) A little abusive
- (3) Somewhat abusive
- (4) Very abusive
- (5) Extremely abusive

2.6) Pressuring them not to break up with them.

- (1) Not abusive
- (2) A little abusive
- (3) Somewhat abusive
- (4) Very abusive
- (5) Extremely abusive

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Please **MARK ONE** answer for each question.

2.7) Not listening to what they have to say.

- (1) Not abusive
- (2) A little abusive
- (3) Somewhat abusive
- (4) Very abusive
- (5) Extremely abusive

2.8) Trying to convince them to have sex.

- (1) Not abusive
- (2) A little abusive
- (3) Somewhat abusive
- (4) Very abusive
- (5) Extremely abusive

2.9) Preventing them from leaving a room.

- (1) Not abusive
- (2) A little abusive
- (3) Somewhat abusive
- (4) Very abusive
- (5) Extremely abusive

2.10) Keeping tabs on them or spying on them.

- (1) Not abusive
- (2) A little abusive
- (3) Somewhat abusive
- (4) Very abusive
- (5) Extremely abusive

2.11) Being physically or sexually intimate with someone without asking if they want to.

- (1) Not abusive
- (2) A little abusive
- (3) Somewhat abusive
- (4) Very abusive
- (5) Extremely abusive

2.12) Constantly contacting them via cell phone, email, IM, facebook, or text to find out who they are with, where they are, and what they are doing.

- (1) Not abusive
- (2) A little abusive
- (3) Somewhat abusive
- (4) Very abusive
- (5) Extremely abusive

2.13) Threatening to hit them.

- (1) Not abusive
- (2) A little abusive
- (3) Somewhat abusive
- (4) Very abusive
- (5) Extremely abusive

2.14) Forcing them to have sex.

- (1) Not abusive
- (2) A little abusive
- (3) Somewhat abusive
- (4) Very abusive
- (5) Extremely abusive

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Instructions: The following questions ask about behaviors you might see among your friends and peers. Please rate each question by very unlikely, somewhat unlikely, uncertain, somewhat likely or very likely.

Please **MARK ONE** answer for each question.

How likely are you to do something to try and stop what's happening if a male peer or friend of yours is:

3.1) Making rude or disrespectful comments about a girl's body, clothing or make-up?

- (1) Very unlikely
- (2) Somewhat unlikely
- (3) Uncertain
- (4) Somewhat likely
- (5) Very likely

3.2) Spreading rumors about a girl's sexual reputation, like saying she's 'easy'?

- (1) Very unlikely
- (2) Somewhat unlikely
- (3) Uncertain
- (4) Somewhat likely
- (5) Very likely

3.3) Fighting with a girl where he's starting to cuss at or threaten her?

- (1) Very unlikely
- (2) Somewhat unlikely
- (3) Uncertain
- (4) Somewhat likely
- (5) Very likely

3.4) Doing unwelcome or uninvited things toward a girl (or group of girls) such as howling, whistling or making sexual gestures?

- (1) Very unlikely
- (2) Somewhat unlikely
- (3) Uncertain
- (4) Somewhat likely
- (5) Very likely

3.5) Shoving, grabbing, or otherwise physically hurting a girl?

- (1) Very unlikely
- (2) Somewhat unlikely
- (3) Uncertain
- (4) Somewhat likely
- (5) Very likely

3.6) Showing other people sexual messages or naked/sexual pictures of a girl on a cell phone or the internet?

- (1) Very unlikely
- (2) Somewhat unlikely
- (3) Uncertain
- (4) Somewhat likely
- (5) Very likely

3.7) Telling sexual jokes that disrespect women and girls?

- (1) Very unlikely
- (2) Somewhat unlikely
- (3) Uncertain
- (4) Somewhat likely
- (5) Very likely

3.8) Taking sexual advantage of a girl who is drunk or high from drugs (like touching, kissing, having sex with her)?

- (1) Very unlikely
- (2) Somewhat unlikely
- (3) Uncertain
- (4) Somewhat likely
- (5) Very likely

3.9) Pressuring a girl to be physically or sexually intimate without asking whether she wants to?

- (1) Very unlikely
- (2) Somewhat unlikely
- (3) Uncertain
- (4) Somewhat likely
- (5) Very likely

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Instructions: The following questions are OPTIONAL, meaning you have the choice to answer or NOT answer the questions below.

Please **MARK ONE** answer for each question.

4.1) What grade are you in?

- (1) 9th grade
- (2) 10th grade
- (3) 11th grade
- (4) 12th grade
- (5) Other (Please Specify): _____

4.2) How do you identify your race/ethnicity?

- (1) American Indian/Alaska Native
- (2) Asian
- (3) Black or African American
- (4) Hispanic or Latino
- (5) Native Hawaiian or Other Pacific Islander
- (6) White or Caucasian
- (7) Multi-racial (More than one race)
- (8) I don't know (Unknown)
- (9) Other (Please Specify): _____

4.3) How do you describe yourself?

- (1) Male
- (2) Female
- (3) Other (Please Specify): _____

THANK YOU VERY MUCH FOR TAKING THE TIME TO COMPLETE THIS SURVEY!