

# Season Planning



## Coach Information

School: \_\_\_\_\_

Name: \_\_\_\_\_ Sport & Team Level: \_\_\_\_\_

Primary Alternate \_\_\_\_\_

Contact: ( ) Contact: ( )

E-mail Address: \_\_\_\_\_

Preferred method of contacting you: \_\_\_\_\_

Best day/time to reach you: \_\_\_\_\_

## Practice Information

Start date of Season: \_\_\_\_\_ End date of Season: \_\_\_\_\_

**Monday** Practice Times: \_\_\_\_\_ **Tuesday** Practice Times: \_\_\_\_\_

**Wednesday** Practice Times: \_\_\_\_\_ **Thursday** Practice Times: \_\_\_\_\_

**Friday** Practice Times: \_\_\_\_\_ **Saturday** Practice Times: \_\_\_\_\_

Are you available **before** practice \_\_\_\_\_ **If Yes, which days?** \_\_\_\_\_

Are you available **after** practice \_\_\_\_\_ **If Yes, which days?** \_\_\_\_\_

## CBIM Season Planning

Date you will begin implementing CBIM: \_\_\_\_\_

Based on your team's practice schedule, which day and time do you anticipate implementing weekly CBIM lessons?

Day of the week: \_\_\_\_\_ Time (i.e., before practice): \_\_\_\_\_